



A Holistic Approach to Workplace Wellness in 2025

January 28, 2025 from 3-4pm ET

PRESENTER BIOS:



Tracy Davis, MSW is the Director of the Academy for Workforce Development at the Connecticut Department of Children and Families. She has 30 years of experience working in the field of Child Protection that have included working in direct service, supervision, management, and leadership roles. She has successfully implemented and sustained nationally recognized and innovative workforce development initiatives during her tenure at The Academy for Workforce Development. As the Director, she works collaboratively with the agency workforce and external partners, to develop and implement training products which focus on enhancing skills and increasing the knowledge base of staff and providers.



Charmaine Brittain, MSW, Ph.D. has dedicated over three decades to enhancing training, organizational effectiveness, and professional development for human service professionals across the U.S. She leads numerous projects focused on organizational and workforce development, manages diverse training initiatives, oversees practice improvement efforts, and creates professional educational materials. Additionally, as a certified nature and forest therapy guide, she provides nature-connected wellness activities and programs for both individuals and groups.



Lonetta Richardson Bryan, MA, NBC-HWC is a Board Certified Health and Wellness Coach and a Certified Gallup Strengths Coach. Lonetta has worked in human services for over 27 years and currently serves as the Deputy Director and Wellness Coach of the Office of Health and Wellness with the Riverside County Department of Public Social Services (DPSS). Lonetta earned her bachelor's degree from Spelman College and master's degrees in clinical psychology, educational psychology, and theological studies. Lonetta practices self-care by playing outdoors.